

## **Valley Pre-Formal learners at home:**

As with all the children at Valley, we meet the needs of our Pre-formal learners as individuals through a very personalised approach - each child having their own IEP.

At home you can focus on the early communication, cognition and social/emotional skills that are the foundation of learning - as set out in your child's IEP. Remembering to recognise the importance of movement (Physical skills) and play for your child's development/progress.

You know your children best and will know that they respond to a good routine, benefitting from multi-sensory approaches in their learning.

There are great ideas of how to support your child individually at home on their IEP, but please find below, some additional ideas of apps that are out there to support them.

- A useful website is the Educational App Store, which has a range of SEN apps to help children with a variety of skills (you do not have to buy all these apps, some are free)  
<https://www.educationalappstore.com/app/category/special-education-apps>
- **Dexterity – Fine Motor Skill Development App**  
Dexterity is a set of therapeutic hand exercises, created to improve fine motor skills, and the multi-touch interface can help to build strength, control and dexterity.
- **Learn with Rufus: Emotions**  
This fun learning app was designed after experience of working with children with ASD. It aims to help children learn the facial expressions that correspond to feelings and emotions. (The game is highly customisable)
- **Stop, Breathe and Think (Mindfulness)**  
Encourages children to *Stop, Breathe* and *Think*. The app contains over 40 fun 'missions' designed to help kids discover the superpowers of quiet, focus and more peaceful sleep.
- **Sensory App House Ltd - Sensory Electra**  
Electra is a simple stimulating app which responds to taps and up to 3 finger simultaneous touch movements.